

Despite the health context, Université de Lorraine and its International department is really happy to welcome you. To protect your health, here are the measures that apply to international students and researchers.

Before arriving in France

France has set up a classification of countries according to the circulation of the Covid-19 virus:

- « **Green** » countries: low circulation of the virus
- « **Orange** » countries: active circulation of the virus but under control
- « **Red** » countries: particularly active circulation of the virus or propagation of certain variants
- « **Scarlet red** »: very active circulation of the virus or propagation of certain variants with a very high risk of transmissibility. **Students and researchers from these countries are not allowed to travel to France.**

➤ Find the country ranking [here](#)

Depending on the classification of the country you come from and whether you are already vaccinated or not, **different measures apply for your entry on the French territory.**

➤ Find all the instructions, the rules to respect and the documents to provide [here](#)

Please note:

- **If you come from an "red" country and are not vaccinated** (or have received [a vaccine not recognized by France](#)):
 1. You will have to stay in quarantine for 10 days: That means you have to stay at home, do not go out outside the authorized hours and limit your outings to essential errands. During the quarantine, you are not allowed **go to classes or to the campus even for administrative issues**. This quarantine can be controlled by the authorities. If you are absent during the control hours, you may have to pay a heavy fine.
 2. Before arriving in France, contact the university hall of residence or the landlord with whom you have reserved accommodation to make sure that you will be able to carry out the quarantine in the conditions provided for: individual bathroom and kitchen facilities.
 3. If you are a student: join the French social security system before arriving in France to benefit from easier access to vaccinations and health care upon arrival in France:
 - [Registration at the National Health Insurance](#)
 - [Tutorial for students from « red » countries](#)
 - [How the National Health Insurance works](#)
 4. At the end of your 40s, you should contact the university health service (SUMPPS) to make an appointment for a check-up: Tel.+33 (0) 3 72 74 05 50.
- **If you come from an "orange" country and are not vaccinated** (or have received [a vaccine not recognized by France](#)):
 1. You will have to stay in isolation for 7 days: limit your contact with other people as much as possible, wear your mask even outside and stay home as much as possible. See [the measures that apply here](#).
 2. If you are a student, you will need to complete your registration with the University as soon as possible, and then enroll online in the National Health Insurance for easy access to the Covid vaccination:
 - [Registration at the National Health Insurance](#)
 - [Tutorial for students from « red » countries](#)
 - [How the National Health Insurance works](#)

If you test positive for Covid-19, you must report it to Université de Lorraine:

- **Students:** <https://factuel.univ-lorraine.fr/declarationcovid>

- **Researchers:** with the occupational medicine medecine-travail-coronavirus@univ-lorraine.fr

**The French health authorities will contact you to inform you of the instructions to follow.
In any case, stay at home and limit your contacts as much as possible.**

Upon arrival in France

- Download the [Tous anti Covid](#) application on your smartphone.
- You will find all the information on the evolution of the epidemic, the instructions in force and useful links to know the places of testing and vaccination. You will also be able to pick up your vaccination certificate, which will serve as a sanitary pass.
- To be screened or vaccinated against Covid-19, bring your [National Health Card](#) (Carte Vitale) or National Health certificate if you have one. If you don't have one, please note that you can still be vaccinated.

Testing places:

- You can go to the medical analysis laboratory nearest you, or consult the various [testing centers](#) (PCR test)
- You can also buy a self-test in a pharmacy or supermarket.

Vaccination :

- A vaccination campaign is organized at Université de Lorraine: find [all the information here](#)
- You can also be vaccinated free of charge, with or without an appointment in a vaccination center. Consult [Doctolib](#) in "Search" indicate "vaccination Covid" to find the nearest vaccination centers.
- To obtain a health pass if you have been vaccinated abroad with a vaccine recognized in France: [follow this procedure](#) (students only):

Measures that apply at Université de Lorraine:

- Unless there is a change in the legal framework, a health pass is not required to access classrooms or university but you will need to wear a mask and respect barrier gestures (safe distance, hand washing, coughing or sneezing into the elbow, no kissing or shaking hands, etc.). Masks must be worn on all campuses and within 50 meters of campuses.
- Check the University's [Factuel web site](#) regularly for the latest measures that apply.
- Do not hesitate to consult the administrative or registration service of your training d on these aspects.

Daily life in France

In France, a [health pass](#) is required **for access to mainline trains and airplanes, in some very large shopping centers, in cultural activities** (museum, cinema, concerts), **restaurants, cafés and bars**, but not in small or medium-sized stores.

Wearing a mask, washing hands and keeping a distance of 1 to 2 meters from other people are mandatory inside these spaces.

- See the [measures](#)

Check the instructions regularly as they may change!

Information and contacts

Information from Université de Lorraine:

- [Factuel](#) : all the information on current events and Covid-19 measures at the University
- [University Health and Social Services](#)
- [Welcome](#) website for international students and researchers, section "Study" ou "Research" depending on your situation: information on your administrative and installation procedures, residence formalities, etc.

National information:

- [French government](#)
- [French Ministry of Health](#)

Take care of yourself and your relatives!